

Family Health Center Online Support Groups

Anxiety & Depression

Mondays & Fridays @ 3:00 pm

Meeting ID: 975-5307-0782

Password: 406169

Coping with COVID

Thursdays @ 12:00 pm

Meeting ID: 947-6730-2404

Password: 492471

Smart Recovery

Thursdays @ 3:00 pm

Meeting ID: 945-3505-8994

Password: 367249

Please join our online support groups
through a free account on www.zoom.us

If you have any questions please call
(909) 878-2316.

#ALONETOGETHER